

Microsoft Teams Training Guides

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You can follow the guides and videos below to get started with Microsoft Teams.

Guides:

1. [Microsoft Teams Quick Start Guide_CN.pdf](#)
2. [Microsoft Teams Quick Start Guide_EN.pdf](#)

Videos:

1. [Welcome to Microsoft Teams_1080p.mp4](#)
2. [Get Started with Microsoft Teams free 5 things to do first_1080p.mp4](#)
3. [Go-to guide for team owners on Microsoft Teams_1080p.mp4](#)
4. [How to create a team and add members in Microsoft Teams_1080p.mp4](#)
5. [Learn tips for taking Microsoft Teams to the next level Part 1_1080p.mp4](#)
6. [Learn tips for taking Microsoft Teams to the next level Part 2_1080p.mp4](#)
7. [Microsoft Teams Basics and beyond_1080p.mp4](#)
8. [Run effective remote work meetings with Microsoft Teams_1080p.mp4](#)
9. [Overview of teams and channels in Microsoft Teams_1080p.mp4](#)